Welcome to Holy Name!

We are a Stewardship Parish! If you worship with us each week or are new to our neighborhood, please register online at: http://holynamesf.org/parishregistration.

You will be on our mailing list and let us know you are willing to support our parish through our time, talent and treasure – the privilege of every Catholic.

PARISH MISSION STATEMENT

HOLY NAME OF JESUS PARISH SAN FRANCISCO is a welcoming multicultural and liturgical community that celebrates our Christian Faith. In the spirit of the “Joy of the Gospel” we work together promoting Catholic values and teachings. Our parish encourages a strong devotion to our Blessed Mother Mary, who gives us an example of faithful discipleship and a generous stewardship way of life.

HOLY NAME OF JESUS CATHOLIC CHURCH
San Francisco, California       Serving the Outer Sunset since 1925
Phone: (415) 664-8590       www.holynamesf.org

THIRTY SECOND SUNDAY IN ORDINARY TIME   NOVEMBER 10, 2019

My steps have been steadfast in your paths, my feet have not faltered. I call upon you, for you will answer me, O God.

— Psalm 17:5–6a
TODAY’S READINGS
First Reading — The King of the world will raise us up to live again forever (2 Maccabees 7:1-2, 9-14).
Psalm — Lord, when your glory appears, my joy will be full (Psalm 17).
Second Reading — May the Lord encourage and strengthen your hearts (2 Thessalonians 2:16 — 3:5).
Gospel — Those who are deemed worthy of the coming age can no longer die (Luke 20:27-38 [27, 34-38]).


My steps have been steadfast in your paths, my feet have not faltered.
I call upon you, for you will answer me, O God. — Psalm 17:5-6a

READINGS FOR THE WEEK
Monday: Wis 1:1-7; Ps 139:1b-10; Lk 17:1-6
Tuesday: Wis 2:23 — 3:9; Ps 34:2-3, 16-19; Lk 17:7-10
Wednesday: Wis 6:1-11; Ps 82:3-4, 6-7; Lk 17:11-19
Thursday: Wis 7:22b — 8:1; Ps 119:89-91, 130, 135, 175; Lk 17:20-25
Friday: Wis 13:1-9; Ps 19:2-5ab; Lk 17:26-37
Saturday: Wis 18:14-16; 19:6-9; Ps 105:2-3, 36-37, 42-43; Lk 18:1-8
Sunday: Mal 3:19-20a; Ps 98:5-9; 2 Thes 3:7-12; Lk 21:5-19

HOLY NAME WEEKLY CALENDAR
Week of November 10, 2019
Sunday, Nov 10, 2019
10:00 AM Choir Practice Pastoral Center
11:00 AM Private Reception Pastoral Center
Nov 11, 2019 VETERAN’S DAY HOLIDAY
10:00 AM Line Dancing Group Flanagan Center
6:30 PM SVDp Meeting Pastoral Center
Tuesday, Nov 12, 2019
10:00 AM C/E Class Pastoral Center
10:00 AM Lectio Divina Pastoral Center
6:30 PM HN Preschool/School Staff Yoga Flanagan Ctr.
7:30 PM Legion of Mary Pastoral Center
Wednesday, Nov 13, 2019
9:00 AM HN Knights Breakfast Pastoral Center
10:00 AM C/E Class Pastoral Center
7:30 PM Chinese Bible Study Pastoral Center
Thursday, Nov 14, 2019
11:30 AM Senior Club Flanagan Center
2:00 PM Book Fair set up Flanagan Center
Friday, Nov 15, 2019
9:00 AM Book Fair set up Flanagan Center
Saturday, Nov 16, 2019
11:00 AM Mass for the Deceased Parishioners Church with Reception in Flanagan Center
1:00 PM Chinese Ministry RCIA Green Room
2:30 PM Chinese Ministry Social Flanagan Center
3:00 PM Chinese Mass Church
4:20 PM Confessions Church
5:00 PM Youth Ministry with Mass Pastoral Center
6:00 PM Book Fair Preview Flanagan Center

SAINTS AND SPECIAL OBSERVANCES
Sunday: Thirty-second Sunday in Ordinary Time
Monday: St. Martin of Tours; Veterans Day
Tuesday: St. Josaphat
Wednesday: St. Frances Xavier Cabrini
Friday: St. Albert the Great
Saturday: St. Margaret of Scotland; St. Gertrude; Blessed Virgin Mary

LET US PRAY FOR:
We pray for the Sick ...that they may experience God’s Love and Healing.

We pray for those who have Died…that they may be granted a home in heaven.

MASS INTENTIONS
WEEK of November 10, 2019
Sun 10 7:30 AM Mass for the People
9:30 AM Esther Evans †
11:30 AM ALL SOULS NOVENA
Mon 11 VETERAN’S DAY HOLIDAY—No 7:30 AM Mass
9:00 AM Fred Grafelman †
Tue 12 7:30 AM Fred Grafelman †
9:00 AM Bernard Cuburu †
Wed 13 7:30 AM Justin Garcia †
9:00 AM Deceased Knights of HN †
Thu 14 7:30 AM Pat McGurn †
9:00 AM Roger Pendenza Family L/D
Fri 15 7:30 AM SOULS IN PURGATORY
9:00 AM Marcella Paras Ysip †
Sat 16 7:30 AM Paul Tran †
9:00 AM Sergio G. Caramencet †
5:00 PM Dito & Lucia Families †
F A Z t o r ’ s  N o t e s :
By: Fr. Arnold Zamora

One Monday morning, right after I finished saying the 9 AM mass, Margaret Costello, one of our daily 9 AM mass goers, remarked: “Isn’t today supposed to be your day-off?” I facetiously responded: “What is that?” “God does not take a day-off,” I continued.

I appreciate and admire her concern for me. Bishop Wang always reminds me that our day-off is a priest’s “holyday of obligation.” Well, hopefully, I can find a priest to say mass on my day-off.

Bishop Wang added to his reminder: “I am retired, every day is my day-off.” I guess that’s one of the perks of a retirement. Last month Bishop Wang added to his reminder: “I am retired, every day is hopefully, I can find a priest to say mass on my day-off.

This Saturday is the First Reconciliation for the Second Graders from our School. There are 20 children who will receive the sacrament and 11 who will receive a blessing. Matteo Bermudez is one of the children who will receive the sacrament. I still remember going to the hospital the day he was born. Time flies, he is now in Second Grade receiving First Reconciliation and soon First Communion. He is the son of our Extended Care (after school) Director, Alcira Bermudez. Congratulations to all our Second Graders, their teachers and parents!

A recent convert to Catholicism made it a point to regularly go to confession. “I stole some lumber again, Father,” he said.

“How much lumber did you steal this time?” asked the priest in an exasperated voice.

“Father, I built my dog a nice new doghouse.”

The priest replied, “Well, that’s not so bad…”

But the man interrupted him, adding, “Well, Father, I also built myself a four-car garage.”

“Now that’s a little more serious,” said the priest. But the man wasn’t done yet.

“Father, I’ve got to get it all off my chest. I built a doghouse, a four-car garage, and a five-bedroom, four-bath home!”

Shocked, the priest replied, “Well, that is most serious. I’m afraid that I’m going to have to insist that you make an entire novena as your penance.”

The man looked perplexed for a bit and said. “Father, I don’t know what a novena is, but if you’ve got the blueprint, I’ve got the lumber.”

This weekend is also our Commitment of Talent or participation in Church Ministry. We will still have the display of the many ministries in our parish at the back of the church. Our parish is growing with new ministries like the Home Delivered Groceries and the Widows and Widowers ministry. I hope new faces will also join many of our church ministries. “The harvest truly is plentiful, but the laborers are few. Therefore, pray the Lord of the harvest to send laborers into His harvest”. (Mt 9:37,38)

Many times, you have to give up something to help make others happy. You have to step back to let them go ahead of you. And at times, you have to forget about yourself for the benefit of many. It may sound unfair, but in truth, it is the essence of a Christ-centered life.

FAZtor’s Notes:
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ST. PATRICK’S SEMINARY COLLECTION
Your support of St. Patrick’s today ensures a rich Catholic heritage for your children and grandchildren in the Church tomorrow.

St. Patrick’s Seminary & University seeks to serve the Roman Catholic Church by forming priests whose lives are configured to the sacrifice of Jesus, rooted in His Word and Sacrament, and dedicated to serve the people of God with the pastoral charity of Christ.

St. Patrick’s Seminary & University embraces the long tradition of forming outstanding men for the priesthood. We foster parishes and communities in the act of charitable giving. We are a Seminary that seeks to better itself through our programs and curriculum and investment in extraordinary seminarians, faculty and administrators. The community’s generous support is crucial to us remaining a proven leader in Catholic Seminaries.

Above all St. Patrick’s Seminary & University is a work in progress. We have had great success in the past, but excellence means taking the lead in keeping up with the needs of our seminarians and faculty in a rapidly changing world.

St. Patrick’s Seminary & University is truly grateful for your support. When you make a gift, you join a growing number of individuals and families who value the academic, spiritual and co-curricular education being offered here. Thank you for your generous support!

NEXT SUNDAY’S SECOND COLLECTION IS FOR OUR PARISH BUILDING & MAINTENANCE FUND. YOUR GENEROUS DONATION ALLOWS US TO TAKE CARE OF OUR PARISH PLANT.

ARCHDIOCESAN ANNUAL APPEAL 2019
Thank you to all who have already sent in their generous donations to the 2019 Archdiocesan Annual Appeal. I humbly ask those of you who have yet to participate in the Annual Appeal to do so soon. You may want to consider a donation of $600.00 (or more) which qualifies you for the 1% Club. All 1% Club Donors for the 2019 Annual Appeal will be treated to a catered Thank You Dinner.

As of 11/04/2019, we have received $60,278.00. We still need $12,032.00 to reach our goal of $72,310.00.

You may use the brochures available on the pews or simply cut and fill out this form, attach your donation check (made payable to Archdiocesan Annual Appeal 2019), and mail or drop it off to either Holy Name of Jesus Parish, 1555 39th Ave. San Francisco, CA 94122 or directly to the Office of Development at the Archdiocese of San Francisco, One Peter Yorke Way, San Francisco, CA 94109.

DONOR INFORMATION
Your Parish: Holy Name of Jesus Parish
Donor ID: ______ Mr. & Mrs. ______ Mr. ______ Mrs. ______ Ms.
Name: ____________________________________________________________
City: __________________________________________ Zip Code: __________
State: __________________________________________ Address: _______________
Telephone: ________________________________________________
Pledge or one-time donation amount: ____________________________

For More Info. regarding AAA 2019: Please contact the parish office at (415)764-8590 or the Archdiocesan Office of Development at (415) 614-5580 or email development@sfarch.org

PARISH SUMMARY REPORT

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COFFEE & DONUTS SCHEDULE
NOVEMBER, 2019

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VETERAN’S DAY HOLIDAY
On Monday, November 11, 2019, in observance of Veteran’s Day, the School and Parish offices will be closed. We will have one Mass at 9 AM in the Church.

YOUR HEALTH MATTERS!

Water
Did you know that the adult body weight is made up of 60% water and a child, 75% water? Why is water so important for a healthy life? A person can only live between 8-21 days without food and water. This depends on many factors, depending on one’s age, environment, mobility, etc. Every system in our body depends on water to function. Water is essential to body temperature regulation, keeping it cool through perspiration. Water flushes out toxins and wastes. Adequate water intake enables our bodies to excrete waste through perspiration, urination, and defecation. It helps lubricate and cushion our joints, spinal cord, and tissues. Adequate water intake helps to prevent kidney stones, aids in digestion, helps with nutrient absorption, help lose weight, improve blood –oxygen circulation, aids in cognitive function (brain activity, like memory) help maintain elasticity to our skin. Wow!! That’s a lot of great reasons why we need to have adequate amounts of water in our day. So what’s the “right amount” of water one should have? For adult men-15.5 cups (8 ounce glass); women-11.5 cups of water per day. We can get 20% of water from our foods, such as fruits and vegetables. Pace yourself to approach half of your recommended consumption of water midday. If this is new for you to start drinking so much water and if you have any medical conditions to which you are taking medications for blood pressure, etc., please consult your physician before starting any new change in your diet/water consumption. You can tell if you’re taking in adequate amounts of water by some simple observations. What color is your urine? The darker the color, the less water you have in your system for your kidneys to flush out those body toxins/waste. Are you thirsty? Thirst is one of the signs of dehydration. Pay also close attention to the change of climate. During cold, dry winter months, and the opposite, during hot temperatures, drink plenty of fluids. Certain cold remedies and sleep aids contain medications that dehydrate (or dry up) our secretions, so pay close attention to those medications and drink plenty of fluids. Don’t forget that certain beverages can increase dehydration, such as caffeine and alcohol. As we start to approach the Holiday Season, let’s add a little sparkling water to your fruit punch and drink “To Your Health”.

To your health,
Angela Testani R.N.
For God so loved the world that He gave His only Son, that whoever believes in Him should not perish but have eternal life.
—John 3:16

The Greatest Love of all...
A Father's Children Concert

Angela  Benjamin  Jaylyn  Jayden  Natalie  Sophia  Ysabella

Nov 22 (Fri) and Nov 23 (Sat)
7:00pm at Holy Name of Jesus Church
1555 39th Avenue (at Lawton St)
San Francisco, CA  * (415) 664-8590

Come & See The children of
Holy Name of Jesus sing with Fr Arnold Zamora

Featuring Grammy nominee
FRANCES ENGLAND
with the school children

$15 ticket
Proceeds goes towards the new sound system of the church
ADS
**PARISH STAFF:**
Rev. Arnold E. Zamora Pastor
Most Rev. Ignatius C. Wang Auxiliary Bishop Emeritus of San Francisco, In Residence
Sr. Cristina Ovejera, FdCC Pastoral Associate
Jackie C. Alcaraz Parish Manager
Colleen A. Durkin Assistant to Bishop Ignatius Wang
Carol Elliott Maloof RN Parish Nurse
Seminarian Gerardo Vasquez - Pastoral Year; Director of Liturgy

**HOLY NAME SCHOOL:**
Website: www.holynamesf.com
Michael Miller, Principal
1560 40th Ave. San Francisco, CA 94122

**HOLY NAME PRESCHOOL:**
Alice Ho Seher, Preschool Director
Website: www.holynamesf.com & click on Preschool

**PARISH NURSE PROGRAM:** Carol, R.N. (415) 664-8590 ext. 109

**Parish Leadership**
Parish Pastoral Council Paul Roscelli
Finance Council Jim Regan
Stewardship Council Ricky Intig & Cecile Sabater

**Liturgical Ministries**
Eucharistic Ministers & Children’s Liturgy Roberta Beach
Lectors Leo Nascimento
Altar Servers Tri Nguyen
Music Ministry Carl Vengco
Sacristans Ramsey Ramos
Environment Cecilia Bermudez
Linens Ding Carbonel

**Faith Formation & Catechesis**
Religious Education Hilda Dela Cruz
Rite of Christian Initiation Sr. Cristina Ovejera, FdCC
Youth Ministry Julie Quock, Alejandra Brito, John & Erin Grogan
Infant Baptism Prep Terry Flaherty

**Pastoral Outreach**
Sick & Homebound Ministry Susan Logan
Senior Club Pat Relampagos
Holy Name Ladies Aid Letty Palpalatoc
Grief & Consolation Ministry Valerie Toy
Knights of Holy Name Bill Flaherty
Hospitality Linda & Tony Sideco, Noreen McEllistrim, Mary Dunne

**Chinese Ministry** Valerie Toy & Louis Chan
Fil-Am Ministry Ramsey Ramos & Freda Motak
St. Vincent De Paul Conference Carol Elliott Maloof
Marian Shrine Ester Aure
Legion of Mary Ray Frost
Gabriel Project and Cancer Support Rose Tang
Food Bank Project at Holy Name Louis Chan (415)613-9075

**DIRECTORY**
Parish office address: 1555 39th Ave.
San Francisco, CA 94122

**PARISH OFFICE PHONE NUMBER:** (415) 664-8590
Parish office E-MAIL: hnparishsecretary@gmail.com
Website: www.holynamesf.org

**SCHEDULE OF MASSES**
Sunday: 7:30 AM, 9:30 AM (Family Mass), 11:30 AM, 5:00 PM (Vigil)
Saturday: 7:30 AM, 9:00 AM, 3:00 PM (Chinese), 5:00 PM (Vigil)
Weekdays (in Convent Chapel 1555 39th Ave): 7:30 AM, 9:00 AM
Except Thursdays when school students are in attendance,
Mass will be in the Church.
Holy Days 7:30 AM, 9:00 AM, and 7:00 PM

**Confessions:** 9:10 AM—9:25 AM and 11:10 AM—11:25 AM
on Sunday & 4:20 - 4:50 PM Saturday or as requested, just call the Parish office or approach any priest

**Adoration of the Blessed Sacrament**
Every Wednesday—after the 9 AM Mass with benediction at 12 Noon Sacred Heart of Jesus Devotions: Friday after 9:00 AM Mass

**Perpetual Help Devotions:** Every Saturday after 9:00 AM Mass

**First Friday Devotion to the Sacred Heart of Jesus**
after the 9:00 AM Mass with the Exposition, Adoration of the Blessed Sacrament and Benediction at 10:30 AM

**First Saturday Devotion to the Blessed Virgin Mary**
begins at 8:30 AM with the Rosary, then Mass & Benediction

**Baptisms by appointment**

**Baptismal Preparation**—Every 1st Saturday of the month in the Pastoral Center - 1:30 PM—You need to register for the class ahead of time.

**Baptism Ministry (Sewing Group):** Every Monday 1-3 PM in the Pastoral Center Event Room

**Marriages:** Contact Pastoral Center 6 months in advance.
Sundays 12:30-2:30 PM, Flanagan Center

**R.C.I.A. (Chinese):** Every Saturday—Green Room—1:30 PM

**Lectio Divina:** Tuesday 10—11 AM (Pastoral Center)

**Bible Study Group (Chinese):** Every Wednesday—7:30 PM Flanagan Center

**Parish Pastoral Council:** contact Fr. Arnold Zamora

**St. Vincent de Paul Society** meeting— every Monday at 7:30 PM (Pastoral Center)

**Holy Name Ladies Aid:** every 1st Wednesday of the Month at 12:30 PM (Pastoral Center)

**Senior Club:** every Thursday at 11:30 AM –2:30 PM (Flanagan Center)

**Holy Name Choir Practice:** every WEDNESDAY at 5:30 PM in the Pastoral Center

**The Gabriel Project:** Contact Rose Tang (415)793-0967

**Legion of Mary:** every Tuesday at 7:30 PM

**Youth Ministry:** One designated Saturday a month 5 PM—7:30 PM including Mass. Contact person: Sr. Cristina & Team (415)664-8590

**Blood Pressure Screening:** every 2nd Wednesday from after the 7:30 AM Mass until 11 AM (Pastoral Center) except July & August

**Hospitality:** Every Wednesday after the 7:30 AM and 9 AM Masses in the Pastoral Center except July & August