

HOLY NAME OF JESUS CATHOLIC CHURCH

San Francisco, California

Phone: (415) 664-8590

www.holynamesf.org

LET THE PEACE OF CHRIST
CONTROL YOUR HEARTS,
THE PEACE INTO WHICH
YOU WERE ALSO CALLED IN ONE BODY.

COLOSSIANS 3:15

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Photo Mosaic, the Nativity of the Lord,
Santa Maria del Fonte, Caravaggio, Italy;
matthia/Adobe stock. Christmas star art:
Tony Ward for J.S. Paluch Co., Inc., 2019



THE HOLY FAMILY OF JESUS, MARY, AND JOSEPH

DECEMBER 29, 2019

The Holy Family of Jesus, Mary, and Joseph

December 29, 2019

Over all [other virtues] put on love, that is, the bond of perfection.

— Colossians 3:14

TODAY'S READINGS

First Reading — Those who honor and comfort their parents shall never be forgotten (Sirach 3:2-6, 12-14).

Psalm — Blessed are those who fear the Lord and walk in his ways (Psalm 128).

Second Reading — You are called into one body. Bear with one another; forgive one another; let Christ's peace control you (Colossians 3:12-21 [12-17]).

Gospel — Joseph rose, took the child and his mother, and fled to Egypt (Matthew 2:13-15, 19-23).

The English translation of the Psalm Responses from *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

READINGS FOR THE WEEK

Monday: 1 Jn 2:12-17; Ps 96:7-10; Lk 2:36-40
 Tuesday: 1 Jn 2:18-21; Ps 96:1-2, 11-13; Jn 1:1-18
 Wednesday: Nm 6:22-27; Ps 67:2-3, 5, 6, 8; Gal 4:4-7; Lk 2:16-21
 Thursday: 1 Jn 2:22-28; Ps 98:1-4; Jn 1:19-28
 Friday: 1 Jn 2:29 — 3:6; Ps 98:1, 3cd-6; Jn 1:29-34
 Saturday: 1 Jn 3:7-10; Ps 98:1, 7-9; Jn 1:35-42
 Sunday: Is 60:1-6; Ps 72:1-2, 7-8, 10-13; Eph 3:2-3a, 5-6; Mt 2:1-12

SAINTS AND SPECIAL OBSERVANCES

Sunday: The Holy Family of Jesus, Mary, and Joseph
 Monday: Sixth Day within the Octave of the Nativity of the Lord
 Tuesday: Seventh Day within the Octave of the Nativity of the Lord; St. Sylvester I; New Year's Eve
 Wednesday: The Octave of the Nativity of the Lord; Mary, the Holy Mother of God; World Day of Peace; New Year's Day
 Thursday: Ss. Basil the Great and Gregory Nazianzen
 Friday: The Most Holy Name of Jesus; First Friday
 Saturday: St. Elizabeth Ann Seton; First Saturday

ST. VINCENT DE PAUL COLLECTION

Today, our Second Collection is for St. Vincent de Paul conference. Your generous donation allows us to fulfill our mission: "Help Us, Help Others"! Thank you for your continued support.

ACE COLLECTION

Next Sunday's Second Collection is the ACE COLLECTION for the benefit of our Parish School. Your generosity is very much appreciated by our school children.

YOUTH MINISTRY ANNOUNCEMENT



Youth Group members:
 Don't forget that our January fellowship/activity day will be on Sunday, January 12, 2020 and not on January 5!

WELCOME TO HOLY NAME!

We are a Stewardship Parish!

If you worship with us each week or are new to our neighborhood, please register online at: <http://holynamesf.org/parishregistration>. You will be on our mailing list and let us know you are willing to support your parish through your time, talent and treasure - the privilege of every Catholic.

MASS INTENTIONS

WEEK of December 29, 2019

Sun	29	7:30 AM	Mass for the People
		9:30 AM	Joe & Teresa Hurley†
		11:30 AM	Special Intentions of Calixta Cusi
Mon	30	7:30 AM	Margaret (Peggy) Anderson†
		9:00 AM	Special Intentions of Dennis McCarthy
Tue	31	NEW YEAR'S EVE	
		7:30 AM	Anselma P. Palarca †
Wed	01	9:00 AM	Justin Garcia†
		NEW YEAR'S DAY HOLIDAY	
Thu	02	9:00 AM	Helga & Archibaldo da Luz †
		7:30 AM	Isidora P. Mangrobang†
Fri	03	9:00 AM	Claire Hallinan†
		7:30 AM	Joseph Chow†
Sat	04	9:00 AM	Joseph Chow†
		7:30 AM	Helga & Archibaldo da Luz†
		5:00 PM	The Carr & Guerin Families

LET US PRAY FOR:

We pray for the Sick ...that they may experience God's Love and Healing.
 Tom Abdella, Evangeline Agbunag, Sofia Aguirre, Rosa Maria Alonso, Laura Andrade, Gina Arenas, Eunice Ausman, George Beach, Joan Boike, Dalmacio Briones, Jr., Pauline Boffi, Rolando Boo (HN '82), Zenaida Bunda, Evangelina Calceta, Janet Cariganai, Remedios Cuchapin, Joseph Chu, Fred Dayoan, Alphonse Demee, Francisco Dimapasoc, Josephine Dominguez, Gloria Etchelet, Mr. & Mrs. Rodolfo Ezequiel, Bob Fisher, Beverly Flaherty, Lourdes Gatchalian, Connor Gavney, Asa Gonzales, Genoveva Guevarra, Theresa Ick, Pat Jordan, Max Kirkham, Richie Kreps, Steven Lee, Dimple Lim, Amelia Lippi, Tony Lo, Leny Lopez, Priscilla Lumba, Flory Magat, Arturo B. Martin, Amy McNally, Mary Medina, Jesus Morales Montilla, Ann Murphy, Inge Nordstrom, Neil O'Sullivan, Josefina Palarca, Lou Petropoulos, Maryanne Piowar, Nenette Ramos, Soledad Rico, Jose Rodriguez, Lola Rodrigues, Maria Salas, Shannon Shatara, Susan Sumaylo, Michael Joseph Sunter, Flor Sunga, Maureen Sweeney, Lawrence Tan, Dodie Teague, Victoriana Tolentino, Rosvida Uskert, Lauretta Venenciano

We pray for those who have Died...that they may be granted a home in heaven. Peter Ashe

PARISH SUMMARY REPORT	12/15/2019	12/16/2018
No. of Envelopes	140	151
Sunday Collection total	\$ 5,231.39	\$ 5,704.25
YTD Ordinary Income	\$ 289,633.31	\$ 286,382.47
Surplus/(Deficit)	\$ 3,250.84	



FAZtor's Notes:

By: **Fr. Arnold Zamora**

Christmas is not over! Let's keep celebrating it, if possible every day. Jesus lives with us and in us. Our school children always say as they start their prayer at the morning assembly: "Let us remember we are in the holy presence of God." God is

always present in our lives.

Let us celebrate Christmas in our family as we celebrate this Sunday the Feast of the Holy Family of Jesus, Mary and Joseph.

Pope Francis wrote so beautifully about the family and children: "There is no perfect family. We do not have perfect parents, we are not perfect, we do not marry a perfect person or have perfect children. We have complaints from each other. We disappoint each other.

There is no healthy marriage or healthy family without the exercise of forgiveness. Forgiveness is vital to our emotional health and spiritual survival. Without forgiveness the family becomes an arena of conflict and a stronghold of hurt. Without forgiveness, the family becomes ill.

Parents are the children source of life. They are there to protect their sons and daughters and not to compete with them.

That is why the family must be a place of life, not of death; territory of cure and not of illness; stage of forgiveness and not guilt. Forgiveness brings joy where sorrow has produced sadness; Healing, where sorrow has caused disease."

Somebody wrote this poem about one's Sweet Memories:

*How well I remember childhood days at our home,
All the family together, oh, the joy I have known.
No T.V.s, computers or 'lectronic toys,
The evenings at home were blessing and joy.
After supper we took turns to wash and dry dishes,
Then clear off the table mom's good wishes,
And then to the parlor, sliding doors fast in place,
Out of bounds 'cept on Sundays and our evening of grace.
We'd all gather round as dad read us the stories
From the books in the Bible that tell of God's glories.
Mom would play the piano, dad would lead us in hymns,
Praising Jesus our Savior
Who has burdened our sins,
Mom and dad now have gone to their home up above,
But my memories remain of our home filled with love.*

My intercessory prayer for you as we end this year:

God bless you.
God bless your heart
God bless your life.
God bless your health.

God bless your home.
God bless your family.
God bless your spiritual life.
God bless your finances.
God bless all your projects.
God bless you abundantly.

A Blessed New Year!

Cheers and Prayers for 2020!

HAPPY NEW YEAR!



FAITH FORMATION CATECHESIS PASTORAL OUTREACH

Director: Sr. Cristina Ovejera, FdCC
crisfdcc2016@yahoo.com
(415) 664-8590

REFLECTION

Pope Francis on New Year's Day: Devotion to our Blessed Mother Mary is a Must

"At the start of the new year, Pope Francis said that having a devotion to the Blessed Virgin Mary isn't just something that is nice or good to do, but is an obligation in the life of a Christian. Devotion to Mary is not spiritual etiquette; it is a requirement of the Christian life. The gift of the Mother, the gift of every mother and every woman, is most precious for the Church, for she too is mother and woman. If our faith is not to be reduced merely to an idea or a doctrine, all of us need a mother's heart, one which knows how to keep the tender love of God and to feel the heartbeat of all around us. Today's feast tells us that if we want to go forward, we need to turn back: to begin anew from the crib, from the Mother who holds God in her arms."

**BLESSED FEAST OF MARY,
THEOTOKOS, THE MOTHER OF GOD!
HAPPY NEW YEAR 2020 FULL OF GOD'S BLESSINGS!**

Religious Ed and Youth Ministry will resume on Sunday, January 12, 2020, at 10:30AM-12Noon in the Pastoral Center. Service projects will be making sandwiches for the homeless served by St. Vincent De Paul Conference; and door hangers for evangelization in the Outer Sunset neighborhood.

Thank you for the outreach projects begun in our parish, Christmas gifts to sick and homebound parishioners, cancer survivors, Gabriel Project and others. We are very grateful to acknowledge two groups of parishioners who generously shared their gifts of time, talents, treasure, during this season of giving: 1) **The Crochet and Knitting Group:** Cely Orque, Cecilia Bermudez, Melva Aguirre, Cres Payumo, Pat Relampagos, Beverly Flaherty, Sr. Cristina, for the scarves, hats, baby blankets, throws, that were beautifully done. 2) **Rosary making group** initiated by Bro. Gerry: Cres Payumo, Melva Aguirre, Julie Lai, Alejandra Brito, Joyce Jeong, Bro. Gerry, Sr. Cristina. Thanks very much, Margaret Costello and Cres, for the materials. We are sending some of these rosaries to the Philippines, through Caridad Wright and Lorna Lorca. These two project groups are continuing, interested parishioners may contact Sr. Cristina. Thanks in advance!

A Pledge to Pray for Vocations Through the "Invisible Monastery"

Parishioners have already pledged to participate in this prayer group. It can be part of your Stewardship of Prayer commitment. Members of Invisible Monastery pray daily or weekly, offering Mass intentions, rosaries, holy hours, or any other type of prayer members choose. When you enroll at **invisiblemonastery.com** you pledge to pray for vocations to priesthood and consecrated life. Please remember seminarians in our archdiocese and the Canossian Sisters. Thank you.

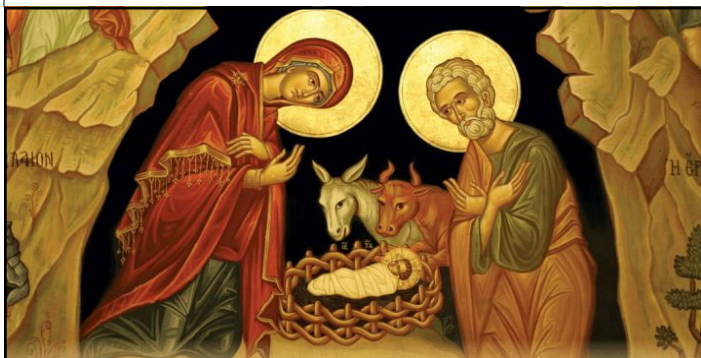
Lay Canossians You are invited to know more about the lay faithful who live the Charism and spirituality of St. Magdalene of Canossa. with the Canossian Sisters. We welcome you to the monthly meeting, every first Sunday at 2:00-4:00PM in the Flanagan Center.

HOLY NAME OF JESUS PARISH

New Year's Day Mass

The Solemnity of Mary, the Holy Mother of God

Wednesday, January 1, 2020 at 9:00 AM



HOLY NAME WEEKLY CALENDAR

Week of December 29, 2019

Sunday, Dec 29, 2019

10:00 AM	Choir Practice	Pastoral Center
12:45 PM	Baptism	Church

Monday, Dec 30, 2019

10:00 AM	Line Dancing Group	Flanagan Center
6:30 PM	SVdP Meeting	Pastoral Center

Tuesday, Dec 31, 2019

NEW YEAR'S EVE

Wednesday, Jan 2, 2020

NEW YEAR'S DAY

Saturday, Jan 4, 2020

9:30 AM	Heartfulness Talk	Flanagan Center
12:00 Noon	Baptism	Church
1:30 PM	Pre-Baptismal Prep Class	Pastoral Center

Chinese Ministry Announcement – Ending Chinese Mass

Please note that the Chinese Ministry Saturday program will be re-organized starting January 2020. Regretfully, due to the shortage of Chinese speaking priests, there will not be a Chinese Mass. Instead, we plan to do the following to celebrate the Lord's Day.

3:00 pm: Rosary in the main church,

First reading,

Second reading,

Gospel reading and sharing,

Vocational cross.

3:45 pm: Fellowship in the Flanagan Center.

5:00 pm: Vigil Mass in the main church, for those so desired.

聖名堂中文團體通告 - 結束中文彌撒

請留意從2020年一月開始，聖名堂中文團體將重新組織星期六的程序。由於會說中文的神父不足，很可惜我們將取消中文彌撒。我們計劃進行以下活動來慶祝主日。

下午3時: 在主教堂念玫瑰經，

讀經一，

讀經二，

讀福音和分享，

傳聖召十字架。

下午3時45分: 在凡乃根中心聚會。

下午5時: 由個人選擇，在主教堂望彌撒。

YOUR HEALTH MATTERS!



The Illness with a Stigma

Many people are very private when it comes to talking about their illness. But when it comes to mental illness, No One or very few people will disclose that they or someone in their family experiences it. Why is that? Isn't

mental illness like any physical illness? Yes and no. Yes, mental illness is recognized by the medical association as an illness that can be defined and treated. And "no" in that mental illness carries with it, a "Stigma" with this illness. A mental disorder-also called a mental illness, are usually defined by a combination of how a person behaves, feels, perceives, or thinks. A "Stigma" is a mark of Disgrace that sets a person apart from others. When a person is labeled by their illness, they are no longer seen as an individual but as part of a stereotyped group. Negative attitudes and beliefs toward this group create prejudice which leads to negative actions and discrimination. Three out of four people with mental illness report that they have experienced "stigma".

9 Ways to fight mental health stigma:

Talk openly about mental health

Educate yourself and others

Be conscious of language

Encourage equality between physical and mental illness

Show compassion for those with mental illness

Choose Empowerment over Shame

Be honest about Treatment

Let the media know when they are being stigmatized

To your health,
Angela Testani R.N.

HOLY NAME TREE OF LIFE ORDER FORM

Honor your loved ones, whether living or deceased, with a gift of a leaf on our Tree of Life.

Each leaf costs \$500 with a \$25 engraving charge.

We suggest a maximum number of characters to 5 lines, up to 25 characters per line including spaces.

Leaf color choices are gold, silver or bronze. For more information, please call (415) 664-8590 or drop by the Parish office between 9 AM –4 PM.

HEAR YE! HEAR YE!

THE PARISH OFFICE WILL BE CLOSED FROM
TUESDAY, DECEMBER 31-WEDNESDAY, JANUARY 1.
WE WILL RE-OPEN ON THURSDAY, JANUARY 2, 2020

PARISH MISSION STATEMENT

HOLY NAME OF JESUS PARISH SAN FRANCISCO is a welcoming multicultural and liturgical community that celebrates our Christian Faith. In the spirit of the "Joy of the Gospel" we work together promoting Catholic values and teachings. Our parish encourages a strong devotion to our Blessed Mother Mary, who gives us an example of faithful discipleship and a generous stewardship way of life.

HOLY NAME OF JESUS PRESENTS

HEARTFULNESS

Transformation in Christ

A day long workshop on
Centering prayer, discussing writing by Fathers Thomas Keating and Richard Rohr
the Rosary, connecting to our individual daily challenges
and the Trinity, Affirming, Forgiving, and Loving no matter what.



Sister Alice Holden, CCVI

Born in Chicago in 1935, she entered the convent after high school. Education includes a BA in English, an MBA, a PhD in creative ministry from Fordham University, Certified Instructor of T'ai Chi Chih, and Certified Spiritual Director. Sister Alice was director of three residential facilities for adolescents with emotional difficulties, director of ReBarn Center for Spirituality and the Arts, and recently in San Antonio manages InterFaithINC, to empower us to remember who/Whose we are.

January 4, 2020
9:30 AM—4:00 PM

FLANAGAN CENTER (underneath the Church)
on the corner 39th Ave. & Lawton St.

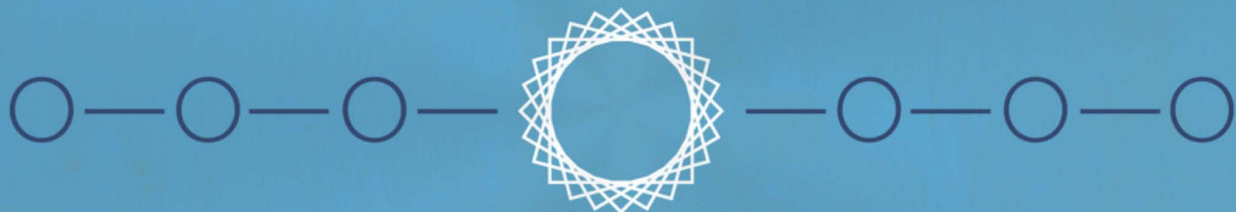
LUNCH IS PROVIDED!
Please RSVP to kim.skidmoremd@gmail.com

DO NOT BE CONFORMED TO THIS WORLD, BUT

BE TRANSFORMED

BY THE RENEWAL OF YOUR MIND, THAT BY TESTING YOU MAY DISCERN WHAT IS
THE WILL OF GOD, WHAT IS GOOD AND ACCEPTABLE AND PERFECT.

< ROMANS 12:2 >



ADS

ADS

PARISH STAFF:

Rev. Arnold E. Zamora *Pastor*
Most Rev. Ignatius C. Wang *Auxiliary Bishop Emeritus of San Francisco, In Residence*
Sr. Cristina Ovejera, FdCC *Pastoral Associate*
Jackie C. Alcaraz *Parish Manager*
Colleen A. Durkin *Director/Holy Name Conservatory of Music*
Parish Secretary
Holy Name School Alumni Coordinator
Assistant to Bishop Ignatius Wang
Carol Elliott Maloof RN *Parish Nurse*
Seminarian Gerardo Vazquez - Pastoral Year; Director of Liturgy
HOLY NAME SCHOOL: (415) 731-4077
Website: www.holynamesf.com
Michael Miller, *Principal*
1560 40th Ave. San Francisco, CA 94122
HOLY NAME PRESCHOOL: (415) 664-4753
Alice Ho Seher, *Preschool Director*
Website: www.holynamesf.com & click on Preschool
Holy Name CONSERVATORY OF MUSIC:
Private lessons are offered in piano, voice, violin and viola.
To register or more information please contact Jackie at (415) 664-8590.
RECTORY: 3240 Lawton St. San Francisco, CA 94122
(415) 759-4295 Priest on Duty: (415) 806-3315
FLANAGAN CENTER: (415) 564-2632
PARISH NURSE PROGRAM: Carol, R.N. (415) 664-8590 ext. 109

Parish Leadership

Parish Pastoral Council Paul Roscelli
Finance Council Jim Regan
Stewardship Council Ricky Inting & Cecile Sabater

Liturgical Ministries

Eucharistic Ministers & Children's Liturgy Roberta Beach
Lectors Leo Nascimento
Altar Servers Tri Nguyen
Music Ministry Carl Vengco
Sacristans Ramsey Ramos
Environment Cecilia Bermudez
Linens Ding Carbonel

Faith Formation & Catechesis

Religious Education Hilda Dela Cruz
Rite of Christian Initiation Sr. Cristina Ovejera, FdCC
Youth Ministry Julie Quock, Alejandra Brito,
John & Erin Grogan
Terry Flaherty

Infant Baptism Prep

Pastoral Outreach

Sick & Homebound Ministry Susan Logan
Senior Club Pat Relampagos
Holy Name Ladies Aid Letty Palpalatoc
Grief & Consolation Ministry Valerie Toy
Knights of Holy Name Bill Flaherty
Hospitality Linda & Tony Sideco, Noreen McEllistim, Mary Dunne

Chinese Ministry Valerie Toy & Louis Chan
Fil-Am Ministry Ramsey Ramos & Freda Motak
St. Vincent De Paul Conference Carol Elliott Maloof
Marian Shrine Ester Aure
Legion of Mary Ray Frost
Gabriel Project and Cancer Support Rose Tang
Food Bank Project at Holy Name Louis Chan (415) 613-9075

DIRECTORY

Parish office address: 1555 39th Ave.
San Francisco, CA 94122

PARISH OFFICE PHONE NUMBER: (415) 664-8590

Parish office E-MAIL: hnparrishsecretary@gmail.com

Website: www.holynamesf.org

SCHEDULE OF MASSES

Sunday: 7:30 AM, 9:30 AM (*Family Mass*), 11:30 AM,

Saturday: 7:30 AM, 9:00 AM, 3:00 PM (*Chinese*), 5:00 PM (*Vigil*)

Weekdays (in Convent Chapel 1555 39th Ave) 7:30 AM, 9:00 AM

Except Thursdays when school students are in attendance, Mass will be in the Church.

Holy Days 7:30 AM, 9:00AM, and 7:00 PM

Confessions: 9:10 AM—9:25 AM and 11:10 AM—11:25 AM

on Sunday & 4:20 - 4:50 PM Saturday or as requested, just call the Parish office or approach any priest

Adoration of the Blessed Sacrament

Every Wednesday—after the 9 AM Mass with benediction at 12 Noon

Sacred Heart of Jesus Devotions: Friday after 9:00 AM Mass

Perpetual Help Devotions: Every Saturday after 9:00 AM Mass

First Friday Devotion to the Sacred Heart of Jesus after the 9:00 AM Mass with the Exposition, Adoration of the Blessed Sacrament and Benediction at 10:30 AM

First Saturday Devotion to the Blessed Virgin Mary

begins at 8:30 AM with the Rosary, then Mass & Benediction

Baptisms by appointment

Baptismal Preparation—Every 1st Saturday of the month in the Pastoral Center - 1:30 PM—You need to register for the class ahead of time.

Baptism Ministry (Sewing Group): Every Monday 1-3 PM in the Pastoral Center Event Room

Marriages: Contact Pastoral Center 6 months in advance.
Sundays 12:30-2:30 PM, Flanagan Center

R.C.I.A. (Chinese): Every Saturday—Green Room—1:30 PM

Lectio Divina: Tuesday 10—11 AM (Pastoral Center)

Bible Study Group (Chinese): Every Wednesday—7:30 PM
Flanagan Center

Parish Pastoral Council: contact Fr. Arnold Zamora

St. Vincent de Paul Society meeting— every Monday at 6:30 PM
(Pastoral Center)

Holy Name Ladies Aid: every 1st Wednesday of the Month at 12:30 PM (Pastoral Center)

Senior Club: every Thursday at 11:30 AM –2:30 PM (Flanagan Center)

Holy Name Choir Practice: every WEDNESDAY at 5:30 PM in the Pastoral Center

The Gabriel Project: Contact Rose Tang (415) 793-0967

Legion of Mary: every Tuesday at 7:30 PM

Youth Ministry: First Sunday a month 5 PM—7:30 PM
including Mass. Contact person: Sr. Cristina & Team
(415) 664-8590

Blood Pressure Screening: every 2nd Wednesday from after the 7:30 AM Mass until 11 AM (Pastoral Center) except July & August

Hospitality: Every Wednesday after the 7:30 AM and 9 AM Masses in the Pastoral Center except July & August